

# Jon Atkins



Jon Atkins is a Business Psychologist and Managing Psychologist with Pearn Kandola.

With over ten years' experience in leadership development across a broad range of private and public sector organisations, Jon is passionate about providing the insight, challenge and support required to ensure continued development and success.

Having worked with top teams, senior leaders and board members across all sectors of commerce, industry and public service, Jon brings both a commercial and psychological perspective on the strategic, operational and people-related challenges faced by leaders.

Using a range of tools and techniques proven through research to work, he applies a focused, practical and pragmatic approach to enhancing performance at work.

Jon has recently worked with senior leaders and executives on areas such as strategic leadership, building rapport, influencing others, establishing credibility and impact, enhancing individual confidence, developing emotional intelligence and maintaining resilience. Jon is also experienced in the development and delivery of positive action programmes, having coached a number of senior individuals from underrepresented groups to make the most of their careers.

Ultimately, Jon is a firm believer in the need for individuals to facilitate their own development, rather than be dictated solutions. It is this underlying principle that drives his work in the coaching arena.

## Contact

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+44 (0)1865 399060

Jon has coached individuals in the following organisations:



NFU Mutual

EVERSHEDS  
SUTHERLAND



Camden

Linklaters

M&S



Civil Service

## Jon's professional qualifications include:

- BSc (Hons) in Psychology
- MSc in Occupational Psychology
- Chartered Psychologist
- Associate Fellow of the British Psychological Society
- Institute of Leadership and Management (ILM) Psychological Coaching Development Programme
- Certificate in Coaching Psychology, Centre for Coaching
- Certificate in Developing Psychological Resilience, Centre for Coaching

Pearn Kandola is a member of the Association for Coaching

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