## James Meachin



James is a Business Psychologist and Head of Assessment at Pearn Kandola. He specialises in assessing senior managers and executives for recruitment and development purposes, conducting in-depth diagnoses and working with individuals to increase effectiveness through feedback and coaching support.

In working with individuals, James brings a sharp focus on understanding what success looks like both in immediate term and over the long-term. This allows clear priorities and actions to be drawn from data such as 360° feedback, psychometric tests, biographical interviews and simulations. James acts as a 'critical friend' in coaching sessions, always focusing on the individual's best interests yet holding up a mirror and asking challenging questions that drive deeper insights. As a Chartered Psychologist, James helps his clients to separate behavioural and cognitive blockers, recognising that each has different development implications and providing support as appropriate.

## James has coached individuals in the following organisations:

M&S





JOHN LEWIS & PARTNERS



## James' professional qualifications include:

- BSc (Hons) in Psychology
- MSc in Applied Psychology
- Associate Fellow of the British Psychological Society
- Certificate in Executive Coaching from the ICCP, Sydney University
- Chartered Psychologist
- Member of the British Psychological Society Special Group in Coaching Psychology
- Institute of Leadership and Management (ILM)
  Psychological Coaching Development Programme

Pearn Kandola is a member of the Association for Coaching

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